

PORi Oncology Rehabilitation Management System

PRINT NAME: _____

(Note: Credit will not be verified or provided if name is illegible.)

E-Mail: _____

(for CME purposes only—to verify completion and send credit slip)

PRE-ACTIVITY QUIZ – Answer the questions below PRIOR to the activity.

Questions

- 1) The 2016 article “Towards a National Initiative in Cancer Rehabilitation” Suggests
 - a. Rehabilitation is best positioned to start at the point of diagnosis
 - b. Rehabilitation is best positioned to start when lymphedema occurs
 - c. Rehabilitation is best positioned to start after surgical intervention
 - d. Rehabilitation is best positioned to start once patients complain of sequelae from chemotherapy

- 2) Circle all that are true: The value of physician referral for “prehab”
 - a. Helps patients gain functional tolerance for upcoming treatment interventions
 - b. Provides measurable baselines before interventions
 - c. Provides System value by potentially reducing re-admits to hospital
 - d. Provided Physician value through collaboration, patient engagement, and improved functional outcomes

- 3) Circle the two most common treatment sequelae where prehab would improve outcomes in Function and QoL of patients
 - a. Weakness and Debilitation
 - b. Chemo Induced Peripheral Neuropathy
 - c. Arthralgic Joint Pain
 - d. Lymphedema

- 4) PTs, OTs, and STs base their evaluation and treatment of oncology patients on
 - a. Common knowledge which covers the necessary rehab clinical skills for oncology patients
 - b. Information gathered from the American Physical Therapy Association (APTA)
 - c. Knowledge gained from a cross section of models of assessment and best practices including those of the ACS, CoC, NCCN, NIH, APTA, etc.
 - d. Evidence-based research in the rehabilitation field

- 5) True or False: Outcome Measures are an important part of oncology rehabilitation and include QoL, Functional Measures, and Objective measures.

POST-ACTIVITY QUIZ – Answer the questions below AFTER the activity.

(In order to obtain CME credit, quiz completion with **at least 60% accuracy** is required; results will be emailed with an activity evaluation.)

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AMA PRA Category 1 Credit(s)TM claimed: _____

*(Claim only credit amount commensurate with extent of participation in activity, up to a maximum of **0.75** credit for this activity.)*

Completion Date: _____